

## *Micah's Backpack*

A Community Ministry Sponsored by  
St. Michael Lutheran Church  
2308 Merrimac Road  
Blacksburg, VA 24060  
PH: 540-951-8951  
Micah's Backpack Facebook  
[www.micahsbackpack.org](http://www.micahsbackpack.org)  
[www.stmichaellutheranchurch.org](http://www.stmichaellutheranchurch.org)

### **School Partners**

Blacksburg High School  
Blacksburg Middle School  
Gilbert Linkous Elementary  
Harding Elementary  
Kipps Elementary  
Margaret Beeks Elementary  
Prices Fork Elementary  
Blacksburg Presbyterian Headstart  
Rainbow Riders Headstart  
Valley Interfaith Child Care Center



### **NEEDED FOOD ITEMS:**

Peanut Butter, Canned Chicken, Canned Pasta, Canned Veggies, Soup, Tuna, Juice Boxes (100% juice), Fruit Cups, Mac & Cheese Cups, Fruit Bars, Granola Bars, Fruit Snacks, and Oatmeal (box with individual packs).

## *Background*

Some children and youth struggle to eat healthy meals and snacks everyday. Micah's Backpack, a free ministry sponsored by St. Michael Lutheran Church in Blacksburg, Virginia, helps children eat more healthy meals and snacks on the weekend.

## *How Micah's Backpack Works*

Each Friday afternoon participants receive a weekend bag with 6 meals and snacks. Micah's Backpack may include the following items: oatmeal, juice, tuna, mac and cheese, peanut butter, soup, apple sauce, fruit cups, canned pasta, vegetables, milk, and other nutritious food.

## *Who Can Participate?*

Micah's Backpack works with children and youth at all five Blacksburg elementary schools, Blacksburg Middle School, Blacksburg High School, the Head Start Preschool, and Valley Interfaith Child Care Center. Low-income families should contact their school principal to find out if they qualify for the program. Program participation will be kept as confidential as possible. A parent or guardian must return a signed permission form for their child to participate. Schools have permission forms in their main office.

## *Micah's Backpack Partners*

### *Academic Partners*

BHS Agriculture Department \* BHS Beta Club \* BHS Culinary Arts Department \* BHS Class of 2011 \* BHS DECA \* BHS Family and Consumer Science \* BHS Helping Hands Club \* BHS SCO \* Blacksburg New School \* BMS 8th Grade Civics 2011 and 2012 \* BMS Theater Arts \* GLES PTO \* KES PTO \* PFES PTO

### *Civic Partners*

AARP-Blacksburg \* All Arts, Science, Technology Camp \* American Culinary Federation-NRV Chapter \* American Legion Chapter \* AMERICORPS VISTA \* Blacksburg Farmer's Market \* Blacksburg Junior Women's Club \* Blacksburg Newcomer's Club \* Blacksburg and Montgomery County Residents \* Blacksburg Partnership \* Blacksburg Women's Club \* Cub Scouts 704 \* Dental Aid of NRV \* Delta Sigma Theta Alumni Chapter \* Downtown Blacksburg \* Girl Scout Troop 396 \* Girl Scout Troop 737 \* Hunter's Lodge #156 \* MontgomeryBlacksburg Kiwanis Club \* MOPS at Blacksburg Christian Fellowship \* MOPS at Blacksburg United Methodist Church \* No Name Dames \* NRV Dental Partnership \* Operation Santa Claus \* Rotary of Blacksburg \* RSVP of NRV \*

### *Collegiate Partners*

Alpha Chi Omega \* Alpha Epsilon Delta \* Alpha Gamma Rho \* Alpha Kappa Psi \* Alpha Phi Omega \* Alpha Zeta \* American Medical Student Association \* Baptist Campus Ministries \* Black Organization Council \* Center for Academic Enrichment and Excellence \* Chemistry Department \* Chi Alpha \* Chi Delta Alpha \* Circle K International \* College of Liberal Arts and Human Sciences at VT \* Community Nutrition Students \* Continuing Professional Education Outreach and International Affairs \* Cooper House \* Dairy Club \* Delta Sigma Theta \* Epsilon Sigma Alpha \* EGSP Fulbright \* FarmHouse \* Fashion Merchandising and Design Society \* Fitness and Nutrition Club \* Freethinkers \* Gamma Beta Phi \* Golden Key \* Honors Residential College \* Humphreys Fellows 2012 \* Industrial Design \* Industrial and Systems Engineering \* Kappa Delta Rho \* Language and Cultural Institute \* Latin Link \* Lee Hall \* National Society of Collegiate Scholars \* National Society of Minorities in Hospitality \* Newman Community \* Panhellenic VT \* PAX \* Physical Therapy Club \* Pi Alpha Xi \* Residential Leadership Community \* SERVE \* Sigma Alpha Lambda \* Sociological Association \* Student African American Sisterhood \* Student Athlete Advisory Committee \* Student Council for Exceptional Children \* Student Dietetic Association \* Student Engineer Council \* Student Teacher Interns \* Sustainable Food Corps \* Universities Fighting World Hunger \* Via Department of Civil and Environmental Engineering \* VMRCVM-Graduate Student Association \* VT Baseball Team \* VT Softball Team \* Corp of Cadets Bravo Company \* Corp of Cadets Foxtrot Company \* VT Engage

### *Corporate Partners*

Anderson and Associates \* ATK at the Radford Arsenal \* Bank of America \* BB&T Lighthouse Foundation \* Cellar Restaurant \* Feeding America\* First Bank and Trust-Christiansburg \* Food Lion-Hethwood \* JPI a HUBzone Co \* In Balance Yoga Studio \* Kool Smiles Dental \* Kroger on University City Blvd \* Lisa Acciai, Graphic Designer\* MOOG

Component Group \* Moss in the New River Valley \* New River Engraving \* NRV Dental \* NRV Macaroni Kids \* NRVCS \* Polymer Solutions Inc \* Pulaski County Chamber of Commerce \* Rackspace \* Skanska Builders \* StellarOne Christiansburg Service Center \* Suntrust Bank-Christiansburg \* Sylvan Learning Centers \* Three Birds Berry Farm \* Wall Brothers Dairy Farm \* Well Hung Vineyards

### *Grant Partners*

Blacksburg Newcomer's Club \* Blacksburg Presbyterian Church Endowment \* Community Foundation of the New River Valley \*

Evangelical Lutheran Church in America Domestic Hunger \* Food Lion Charitable Foundation \* Kroger Foundation \* One Love Foundation \* Private Foundations \* Thrivent Financial for Lutherans \* Vanguard Charitable Endowment Program \* Virginia Interfaith Center for Public Policy \* Walmart Foundation \*

### *Interfaith Partners*

Belmont Christian Church \* Blacksburg Baptist Church \* Blacksburg Baptist Church Youth Group \* Blacksburg Christian Church \* Blacksburg Christian Fellowship \* Blacksburg Jewish Community Center \* Blacksburg Jewish Community Center Sunday School Classes \* Blacksburg Presbyterian Church \* Blacksburg Presbyterian Church Endowment \* Blacksburg United Methodist Church \* Blacksburg United Methodist Church Women \* Blacksburg Young Life \* Christ Episcopal Church \* Glade Church \* Grace Covenant Presbyterian Church \* GraceLife Church Youth Group \* Grove United Methodist Church \* LDS Youth Group \* Luther Memorial Lutheran Church \* Lutheran Men in Mission \* The Lutheran Student Movement at VT \* MMMM at Blacksburg United Methodist Church \* New Life Christian Fellowship \* New Mt. Zion Lutheran Church \* Northside Presbyterian Church \* Northstar \* Ruth Circle at BUMC \* Shiloh Lutheran Church \* St. Mary's

Catholic Church \* St Mary's Youth Group \* St. Michael Lutheran Church \* UUC of the NRV \* Virginia Synod (ELCA) \* *How Can I help?*

Micah's Backpack needs volunteers to pack bags on Thursday evenings and deliver backpacks on Friday mornings on a weekly basis. A list of needed food items is available on the back of this brochure.

### *More Information*

Feel free to contact, John Stramiello, Director at [hope@micahsbackpack.org](mailto:hope@micahsbackpack.org) or Pastor Michelle Stramiello at 951-8951 & [pastormichelle@stmlc.us](mailto:pastormichelle@stmlc.us)

Financial donations may be made at: [www.micahsbackpack.org](http://www.micahsbackpack.org), by using the QR code below or sent to St. Michael Lutheran Church at the address on the back of this brochure.

